



*Collaborative network for Adolescent nutrition and health  
in sub-Saharan Africa and India*

MRC | Medical  
Research  
Council

## GCRF ADOLESCENT NUTRITION WORKSHOP

5 - 9 February 2018

*Welcome*



## ***Collaborative Network for Adolescent Nutrition & Health in sub-Saharan Africa and India***

On context to 'Beti Bachao, Beti Padhao' campaign being spread over the country in recent years, the world has taken into account the programme 'Adolescent girls Health and Empowerment' which is running for last 22 years in this rural part of Maharashtra. Shri Vithalrao Joshi Charities Trust's B.K.L. Walawalkar Hospital is successfully running this project to improve the health of malnourished girls. It is praised by doctors and researchers from all over the world and this 'Dervan pattern' is going to be implemented in 9 centers across the world.

An international workshop on 'Collaborative Network for Adolescent Nutrition & Health in sub-Saharan Africa and India' was organised by Medical Research Council, U.K. at B.K.L. Walawalkar Rural Medical College. The council was attended by Researchers, Doctors, and Nutritionists from England, South Africa, Kenya, Ethiopia, Jiniva and many more research centers. Dr. David Ross, Adolescent Health Researcher and Guideline Development, WHO, Geneva, and Dr. Caroline Fall, (Southampton, UK) were special guests on this event.

All these doctors, researchers had a thorough discussion on Health, Nutrition and Psychology of adolescent girls and decided to start such research at 9 centers all over the world and B.K.L. Walawalkar Hospital is one of them.

A programme 'TALENT', Transforming Adolescence Life Through Nutrition, have been initiated and will work for 18 months at B.K.L. Walawalkar Hospital and latter on it will be implemented in different countries from all over the world. This project will be started at University of Southampton, Medical Research Council, UK, Jimma Ethiopia, Johannesburg, France, Gambia etc.





**Adolescent girls are educated** through special workshops so that they can be good mothers of our future citizens. Improving the hemoglobin level of preschool age children could yield substantial benefits in cognitive and psychosocial development and overall health. While evidence-based recommendations for reducing childhood anemia in high anemia prevalence countries are available





## ADOLESCENT GIRLS RESIDENTIAL CAMP



## ACTIVITIES

### Physical & Psychological Assessment

The camp was guided by clinical specialties and various experts from different part of world to evaluate adolescent health.



### Objectives of Adolescent Girls Residential Camp –

- Clinical examination of girls
- Anthropometry (height, weight and other parameters by using Tanita machine)
- Blood collection for assessment of micronutrients, hemogram.
- Detection and correction of deficiencies of vitamins
- Physical & Health Education
- Psychological counseling and Self Empowerment

